

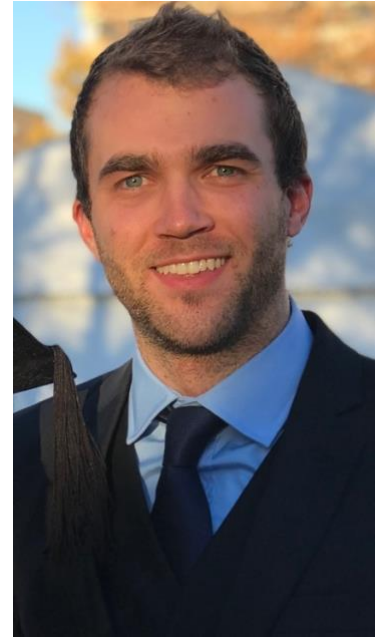
Nick Ferrier – Psychologist

BSc (Psych), PGradDip (Psych), MAPS

A former elite swimmer competing internationally in the 50 Freestyle, Nick is a passionate performance psychologist. He uses a warm, easy-going manner to assist his clients applying a combination of treatment modalities including CBT/ACT/MI/SFBT.

Nick has interest in assisting athletes and performers with the following issues:

- Depression/Anxiety/Stress
- Performing under pressure
- Motivation
- Imagery/visualisation
- Sport/life balance
- Resilience
- Sleep, health, wellbeing.



Nick is currently working in the sporting community at Maribyrnong Sports Academy and in private practice consulting as a referral source for the AFL Players Association, Horse Racing Australia, Melbourne private schools and various sports. He also enjoys conducting workshops to sporting teams, agencies, and businesses on performance psychology topics.

Nick is also completing a Masters in Sport and Exercise Psychology at the Institute for Social Neuroscience.

- AHPRA Registration – PSY0002265542
- Medicare Provider – 6081841W